

## Sweetened Beverage Consumption, 2017

	Consumed soda at least 1 time a day*	Consumed sugar-sweetened beverages at least 1 time a day**	Consumed soda or sugar added beverage at least 1 time a day
Male	27.6%	21.4%	39.7%
Female	23.0%	15.2%	32.1%
Total	25.2%	18.2%	35.8%

\*Soda does not include diet soda.

\*\*Sugar-sweetened beverages such as Kool-aid™, lemonade, sweet tea, sport drinks (Gatorade™) or energy drinks (Red Bull™). This category does not include 100% fruit juice, diet drinks or artificially sweetened drinks.

Source: West Virginia Health Statistics Center, Behavior Risk Factors Surveillance Survey, 2017

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