Join us for the 1st annual all-inclusive fundraising event!

Run, Walk or Roll

5K Run, 1 Mile Fun Walk, & Track Relay Event

WVU Coliseum Track

Sunday, September 23, 2018

Benefitting the WVU Center for Excellence in Disabilities (CED) to provide services to individuals with disabilities and their families.

Events This is a family event, strollers, wheelchairs and adapted bikes are welcome!

5K Run - Runners will start at the WVU Coliseum Track and wind through the beautiful WVU Evansdale Campus. Race starts at 10:00 am.

Relay Track Event – This team fundraising event allows team members to walk or roll together or take turns around the WVU Track for one hour. Team members can collect donations ahead of time or get pledges per lap. Event begins at 10:15 am.

1 Mile Fun Walk - The course will be four laps around the WVU Track. Groups are encouraged to participate. Event begins at 10:15 am.

Kid’s 100 meter dash – This event is for kids ages five and under. Event will begin at 10:30 am.

Registration:
Students $15 Individuals $30

Awards:
1. Best Theme Group
2. Best Theme Individual
3. Most Rockin’ Roller
4. Top Time 5K (3 men and 3 women)
5. Top Time 5K Kids (ages 5-12 and 13-17)
6. Tiny Tots 100 meter dash (5 and under)
7. Top fundraising individual
8. Top fundraising group

Register before September 10th to guarantee a race t-shirt. Register online at www.runsignup.com/RunWalkorRoll

Check in and same day registration opens at 9:00 am at the WVU Track.

Questions?
Visit www.cedwvu.org for more info or call Melina Danko at 304-293-4265.

 WEST Virginia University
 CENTER FOR EXCELLENCE IN DISABILITIES